



hand
in hand
FOR SAFETY
worldwide *everyday*

World Hand Hygiene Day

05.05.2023

How, when and where to clean hands.

The 5 moments of hand disinfection

How to protect patients and yourself

BEFORE patient contact

BEFORE aseptic task

AFTER body fluid exposure risk

AFTER patient contact

AFTER contact with patient surroundings

The rub-in method for the hygienic hand disinfection

Disinfect properly without wetting gaps

Apply at least 3 ml hand disinfectant into your dry hollow-hand (2-3 strokes)

Rub in the palms and fingers so that the hands remain moist throughout the application time

Do not forget the thumbs and fingertips

Point of care placement

How to place dispensers for disinfectants

Arrange the patient room in order to have access to disinfectants where needed (within reach of an arm's length) so hand hygiene compliance and infection prevention will be improved