



Hand Hygiene Course

Wash, Prevent, Protect

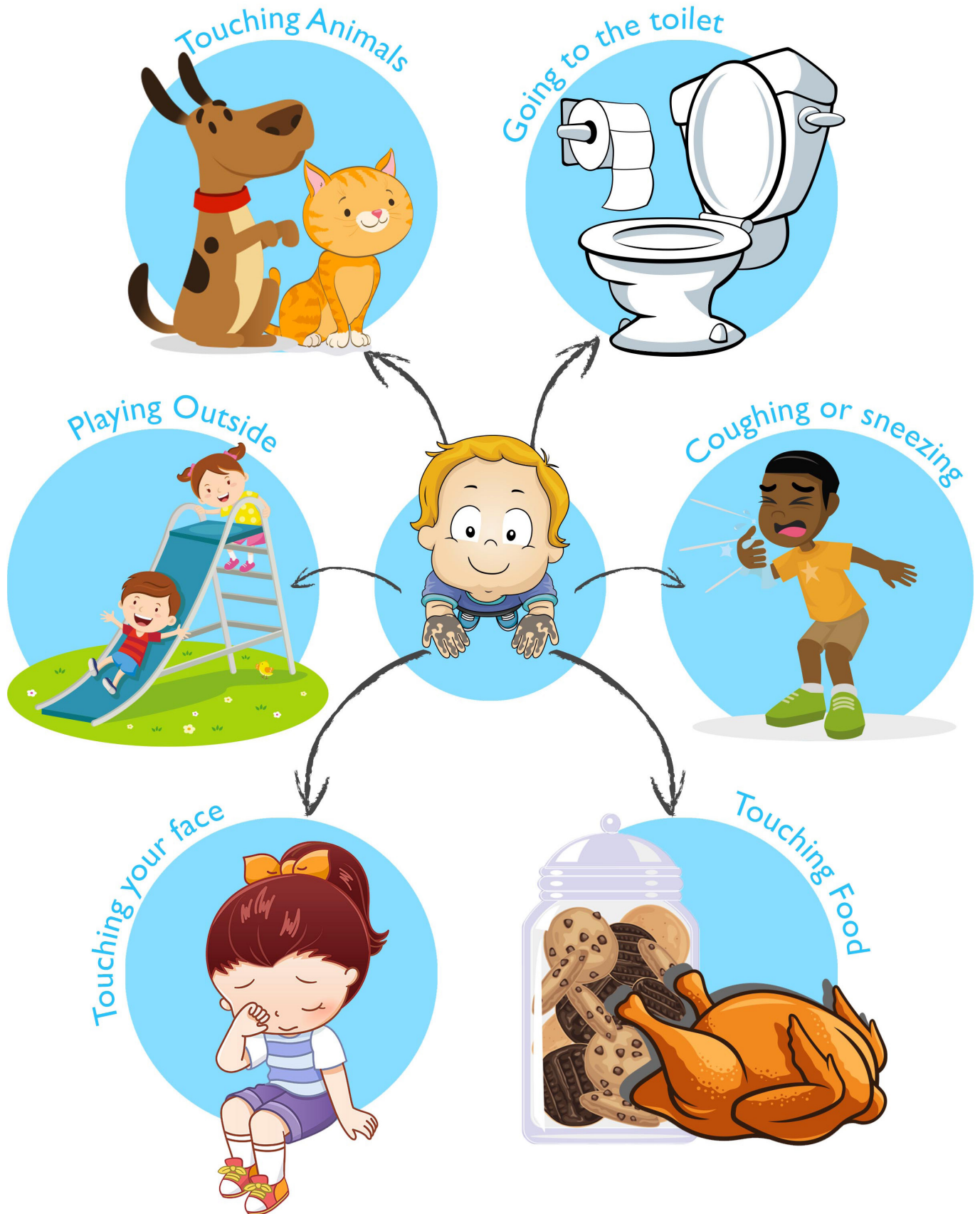
Name: _____

Did you wash them?

Hand washing stops the spread of germs.



How germs are spread



Germ farm - Wash them!

Your hands may look clean but take a closer look



What germs can do to your body

Germs can make you ill



When should I wash my hands?

After coughing, sneezing and blowing your nose



Before eating or touching food



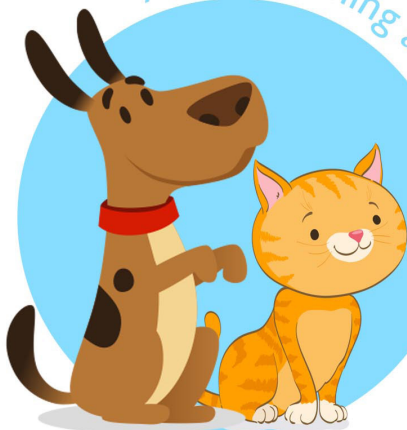
If hands look dirty



After using the toilet



After touching animals



When you get home or to school or nursery



or when you have been playing outside

Help Prevent Germs

How to wash your hands properly



Use the disposable towel to turn off the tap.

How long should I wash my hands for?

Happy Birthday is a good song to sing through twice



Wordsearch

Find the words that relate to washing your hands

D S K C P C M V Q J P P V V G Q E U A V
T F I I O K C G U R S S C A X N N G J N
S O A P A U E D E V D N A E L C E T L Q
D Q R X E R G V P A N E H A F T I P R V
T N N H M V E H C J A E K W J Y G V J R
U O F S O N G S I P H Z J D I I Y W Z D
E T I L T S S S F N R I E C C D H T U C
M Y R L J N C Q L A G N T C E T O R P H
E C F P E A H W G U T G H N P Q S B S U
E D B K Q T O X I Z D D S Q S X C A S T
Y Y H P L S O O L L A R S U S L W D Y X
L P U M L P L D V L O O U U E M N X K T
Q Y E S C A V A Q M O H K R P E A W W O
W N A P G C U E M A T O E B I H G A T U
G F Z M Y W M D M I Y M K R B E Q F J D
E K B I S T I V A G N E F H J F F N D D
H E A L T H R D H O Y A Y I J Y U O K I
V C T S N V T I O R H L L I S Y A C O C
N I J X K C E H D E I F L H J T T S L D
Y E N X E Y E E T J W S X Z W F A B R F

ANIMALS
DIRTY
GERMS
HOME
PREVENT
SCHOOL
TOILET

CLEAN
FOOD
HANDS
HYGIENE
PROTECT
SNEEZING
WASH

COUGHING
FRIENDS
HEALTH
ILL
SAFE
SOAP

Spot the difference

There are 10 differences in total



Can you find them all?





Certificate

Has completed the
Hand Hygiene Course



Date completed

Course Coordinator